



EXTRACURRICULAR ACTIVITIES

2020 - 2021



<i>Introduction</i>	<i>1</i>
<i>Registration</i>	<i>2</i>
<i>New activities</i>	<i>3-4</i>
<i>Summary of activities</i>	<i>5-17</i>
<i>Music school</i>	<i>18-19</i>
<i>Sports</i>	<i>20-24</i>
<i>Dance school</i>	<i>25-28</i>
<i>Artistic activities</i>	<i>29-30</i>
<i>Science activities</i>	<i>31-32</i>

Reinforcement classes

33-35

Language school

36-40

Activities for adults

41-42

Guidelines and equipment

43-47

Introduction

Hamelin-Laie's extracurricular activities are a good complement to a student's education. The school offers an extensive program to provide each student with a variety of activities that suit their interests.

When choosing an activity, it is important to take your child's preference into consideration so that they see it through to the end of the term.

In this document you will find information about each activity, fees and the corresponding timetable.

We have several new activities this year. You will also find activities for adults.



Registration

1. *Start date: the activities start on 1st October 2020.
You can register on the Clickedu platform. Children who are not students at Hamelin-Laie can send an email to the activity coordinator to register.*
2. *The registration period ends on 23rd September.*
3. *The week of the 28th September you will receive a registration confirmation for the extracurricular activity. If you registered for an activity and later decide to withdraw, please contact the corresponding coordinator.*
4. *Late registrations will be processed after 28th September.*
5. *A minimum of 6 students is needed for group activities and a minimum of 8 students for activities external to the school. If the minimum number of students is not reached, the activity will be cancelled. Some activities have a maximum number of students that can enroll. If the group is full, a wait list will be created.*
6. *If you have any questions, please contact:*
 - *Team Sports Activities (Multi-sport, Football, Flag football, Basketball & Volleyball): extraescolares@escolessas.com*
 - *Musical Activities: jmorera@escolessas.com*
 - *Swimming and paddle tennis:
secretariainfantil@escolessas.com
secretariaprimaria@escolessas.com (School secretaries)*
 - *Language school and the rest of the activities:
ebalana@escolessas.com*



New activities



These are the new activities this year:

- Combo, woodwind and brass instruments: *As well as the advantages that come with learning about music or how to play a woodwind or brass instrument, there are also many other physical and psychomotor benefits.*
- Taekwondo 4: *For students who would like to improve their taekwondo skills, beyond the basics. This activity requires a good level of taekwondo.*
- Flag Football (American Football): *For children aged 6 to 15 who want to learn the contactless version of this sport. We will work on all aspects of Flag Football, from the individual techniques used in different positions to tactics and rules. This activity is taught by qualified coaches from Badalona Dracs who have lots of international experience, setting the European and regional benchmark. You will compete with the school team in the Federació Catalana de Futbol Americà competition, and from the age of 15 you will be able to attend the Dracs Academy.*
- Skateboarding: *MARESME WAVES club presents skating as a sport that can strengthen a wide range of sporting needs. Coordination, agility and balance skills are developed, alongside mental qualities such as sportsmanship, effort capacity, motivation, perseverance and the ability to overcome obstacles.*
- Skating competition: *This activity is for students who have experience in skating and would like to broaden their experience by taking part in competitions. It is a complementary activity to Skating (intermediate-advanced level).*
- Emotional Intelligence: *80% of personal success is down to emotional intelligence. This is your chance to give your child a gift for life. In this weekly workshop students will acquire the tools and strategies needed to process their emotions, therefore boosting their confidence and self-esteem. Through fun and games, we will work on key aspects such as self-control and processing emotions,*

as well as empathy, the sense of responsibility, effective communication styles and social skills.

- Game and movement: Activity focused on stimulating children's artistic and physical expression as a way of building personal knowledge.
- Magic: Students will gain knowledge of illusionism, juggling, magic techniques, theatre and staging. They will also make their own materials for their magic tricks. <http://magalexerrer.com/>

And for adults...

- Pilates
- Yoga
- Bachata
- Languages

Summary of activities

		P3	P4	P5	1 ^{EP}	2 ^{EP}	3 ^{EP}	4 ^{EP}	5 ^{EP}	6 ^{EP}	ESO	BACC
MUSIC SCHOOL	<p style="text-align: center;"><u>Instruments</u></p> <p>Drums, percussion, bass, piano, guitar, ukulele, violin, cello, trumpet, trombone, saxophone and clarinet.</p> <p>Regular practice could improve language skills, memory, behavior and spatial intelligence.</p> <p>Early years students can take classes from 13:00 to 14:00.</p>	X	X	X	X	X	X	X	X	X	X	X
	<p style="text-align: center;"><u>Group Guitar Classes</u></p> <p>Learn to play in groups, have fun while improving guitar skills.</p> <p>Groups of 2 (minimum) and 4 (maximum) students.</p>				X	X	X	X	X	X	X	X
	<p style="text-align: center;"><u>Combo</u></p> <p>Students will learn to work in groups, developing values such as cooperation and solidarity. Perseverance and consistency are other skills that can improve with musical practice.</p> <p>Groups of 4 (minimum) and 6 (maximum) students.</p>				X	X	X	X	X	X	X	X
	<p style="text-align: center;"><u>Woodwind or brass instruments</u></p> <p>As well as the advantages that come with learning about music or how to play a woodwind or brass instrument, there are also many other physical and psychomotor benefits.</p> <p>Groups of 5 (minimum) and 5 (maximum) students.</p>						X	X	X	X		

ACTIVITY		P3	P4	P5	1 ^{EP}	2 ^{EP}	3 ^{EP}	4 ^{EP}	5 ^{EP}	6 ^{EP}	ESO	BACC
<p><u>Mini Football</u></p> <p><i>For children who want to get into football. Qualified coaches will find fun ways to teach the value of effort and companionship.</i></p>		X	X	X								
<p><u>Pre-benjamin, Benjamin, Alevin and Infant Football</u></p> <p><i>Aimed for those who want to get started in the world of football or start competing. Qualified coaches and specialists who will help every player to improve and have fun in an environment where effort, respect and companionship are key. Students will become part of the team and participate in competitions.</i></p>	Pre-benjamin				X	X						
	Benjamin						X	X				
	Alevin and Infant								X	X	X	
<p><u>Basketball</u></p> <p><i>Designed not only for beginners but also for those interested in improving their skills. Qualified coaches will make training and matches a positive experience for our students. They will become part of our teams and participate in a variety of competitions.</i></p>												
	Pre-benjamin - Alevín				X	X	X	X	X	X		

**An extra competition fee of €40/year for students playing on Fridays and Saturdays. Includes registration, medical insurance and referees.*

ACTIVITY		P3	P4	P5	1 ^{EP}	2 ^{EP}	3 ^{EP}	4 ^{EP}	5 ^{EP}	6 ^{EP}	ESO	BACC
<p><i>Designed for those who want to discover the wonderful world of sport. Students will be able to practice basketball, badminton, tennis, football, athletics, volleyball and hockey.</i></p>		X	X	X	X							
<p><u>Pre-benjamin, Benjamin, Alevin and Infant Volleyball</u> <i>For students who want to start or perfect their skills. We have a qualified coach, with plenty of experience, who will bring out the best in our players. Students can play with their friends as they participate in the school league.</i></p>	Pre-benjamin				X	X						
	Benjamin						X	X				
	Alevin and Infant								X	X	X	
<p><u>Skateboarding</u> <i>This activity promotes a wide range of sporting needs where coordination, agility and balance can be developed as well as mental qualities such as sportsmanship, effort capacity, motivation, perseverance and overcoming obstacles.</i></p>					X	X	X	X	X	X		
<p><u>Flag Football (American Football)</u> <i>For students who want to get into the contactless version of this sport. We will work on the basic aspects of Flag Football with qualified coaches from Badalona Dracs.</i></p>					X	X	X	X	X	X	X	X

<p align="center"><u>Taekwondo 1, 2, 3</u></p> <p><i>This is a very beneficial sport that helps develop resistance and flexibility, while teaching discipline and encouraging self-control.</i></p>	1		X	X								
	2				X	X	X					
	3						X	X	X	X		
<p align="center"><u>Taekwondo 4</u></p> <p><i>For students who would like to improve their taekwondo skills, beyond the basics. This activity requires a good level of taekwondo.</i></p>									X	X	X	
<p align="center"><u>Capoeira</u></p> <p><i>Afro-Brazilian martial art performed through play, combat and dance while working on various skills such as endurance, agility, strength and flexibility.</i></p>	Early Years		X	X								
	Primary				X	X	X	X	X	X		
<p align="center"><u>Aerobic Gymnastics</u></p> <p><i>An activity that combines dance and gymnastics where strength, elasticity, dexterity, technique and rhythm are combined.</i></p>									X	X	X	
<p align="center"><u>Rhythmic Gymnastics</u></p> <p><i>This is a sport activity that combines dance and ballet movements as well as acrobatics and the use of props such as ribbons, balls and hoops.</i></p>			X	X	X	X	X	X	X	X		

SPORTS

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ACTIVITY		Mat 2	P3	P4	P5	1 ^{EP}	2 ^{EP}	3 ^{EP}	4 ^{EP}	5 ^{EP}	6 ^{EP}	
<p><u>Skating</u></p> <p><i>Skating is a recreational activity and sport that helps develop balance and maintain body harmony with movements and exercises.</i></p>	Beginners				X	X	X					
	Intermediate					X	X	X				
	Advanced						X	X	X	X	X	
ACTIVITY		P3	P4	P5	1 ^{EP}	2 ^{EP}	3 ^{EP}	4 ^{EP}	5 ^{EP}	6 ^{EP}	ESO	
<p><i>This activity is for students who have experience in skating and would like to broaden their experience by taking part in competitions. It is a complementary activity to Skating (intermediate-advanced level).</i></p>									X	X	X	X
<p><u>Swimming</u></p> <p><i>All sports have not only health benefits, but also learning benefits. In swimming classes, students will be able to float in the water, swim, perform intense exercises and much more. It's a way to learn how to be safe when having fun at the pool and on the beach, therefore becoming much more self-sufficient.</i></p>		X	X	X	X	X	X	X	X	X	X	
<p><u>Paddle Tennis</u></p> <p><i>An easy sport to practice where students can acquire basic concepts of the most important technical and tactical aspects of paddle tennis. We will be able to see amazing progress after a few months. The improvement of motor skills, increase of tactical knowledge and technical resources will allow us to spend lots of time having fun with our friends.</i></p>						X	X	X	X	X	X	

<p style="text-align: center;"><u>Classical Dance- Beginners</u></p> <p><i>Aimed at P3 to 2EP students. Divided into 3 levels in which fantasy and imagination play a great role. Our goal is for students to discover the wonderful world of dance and grow in a healthy and fun environment while learning one of the most beautiful forms of universal expression.</i></p>	X	X	X	X	X					
<p style="text-align: center;"><u>Classical Dance- Consolidation</u></p> <p><i>Aimed at 3EP to 6EP students who have already discovered that dance, in any form, is an effective and beneficial addition to their education. At this age, the values of effort, physical health and discipline are encouraged through the fun experienced when dancing. A student's desire to improve comes naturally.</i></p>					X	X	X	X		

ACTIVITY

P3 P4 P5 1^{EP} 2^{EP} 3^{EP} 4^{EP} 5^{EP} 6^{EP} ESO

<p><u>Classical Dance - Preparatory</u> Aimed at experienced students from 6^{EP} onwards who wish to broaden their skills in different forms of dance: classical, contemporary, hip-hop, pointe and repertoire. We train our students to become dance professionals. We will form versatile dancers capable of facing any challenge with their body.</p>											X	X
<p><u>Contemporary Dance</u> Natural body expression is a significant part of contemporary dance, where body, mind and soul work together. Students will learn techniques and processes to help them listen to their bodies and understand how emotions affect their physical state.</p>							X	X	X	X	X	X
<p><u>Hip-hop</u> Aside from being fun, hip-hop is a very active form of dance with the purpose of improving students' psychomotor skills, in particular, movement coordination and balance.</p>	Beginners		X	X								
	1				X	X	X					
	2							X	X	X	X	X

ACTIVITY	Mat 2	P3	P4	P5	1 ^{EP}	2 ^{EP}	3 ^{EP}	4 ^{EP}	5 ^{EP}	6 ^{EP}	ESO
<p align="center"><u>Emotional Intelligence Stimulation</u></p> <p><i>Through fun and games, we will work on key aspects such as self-control and processing emotions, empathy, the sense of responsibility, effective communication styles and social skills.</i></p>					X	X	X	X	X	X	
<p align="center"><u>Game and movement</u></p> <p><i>Activity focused on stimulating children's artistic and physical expression as a way of building personal knowledge.</i></p>		X	X	X							
<p align="center"><u>Magic</u></p> <p><i>Magician Àlex Ferrer and his team will help children gain knowledge of illusionism, magic techniques, juggling, theatre and staging. They will also make their own materials for their tricks.</i></p>				X	X	X	X	X	X	X	

ACTIVITY		P3	P4	P5	1 ^{EP}	2 ^{EP}	3 ^{EP}	4 ^{EP}	5 ^{EP}	6 ^{EP}	ESO
<p><u>Little Explorer (Robotics and experiments)</u></p> <p>Promotes critical thinking through technology, mathematics and experimental science. Challenges are adapted to every age and will become progressively more complicated while, at the same time, incorporating new materials.</p>			X	X							
<p><u>Pre-botix (Robotics and videogames)</u></p> <p>Introduction to computational thinking connecting mathematics and experimental sciences. The objective is to work on algorithmic thinking through the manipulation and programming of robots, giving great importance to logic and reasoning games.</p>					X	X					
<p><u>Botix (Robotics and videogames)</u></p> <p>Focuses on the areas of technology and engineering, linking mathematics and science. Computational thinking through robotics, video game programming, logic and reasoning games.</p>	1						X	X			
	2								X	X	
<p><u>Creating Video Games</u></p> <p>Introduction to the world of programming and video games. Students will learn to develop video games and the process behind it (game design document, programming, art, and distribution).</p>									X	X	X

REINFORCEMENT ACTIVITIES

ACTIVITY		P3	P4	P5	1^{EP}	2^{EP}	3^{EP}	4^{EP}	5^{EP}	6^{EP}	ESO	Bacc
<u>Kumon</u> <i>Learning method in which children acquire learning habits through mathematics, psychomotor stimulation and, above all, gain self-confidence.</i>		X	X	X	X	X	X	X	X	X		
<u>Catalan Reinforcement</u> <i>Catalan reinforcement group classes.</i>	1				X	X	X	X	X	X		
	2										X	
<u>Catalan Reinforcement 3</u> <i>Catalan writing and reading comprehension group class.</i>											X	X
<u>Spanish Reinforcement</u> <i>Spanish reinforcement group classes.</i>	1				X	X	X	X	X	X		
	2										X	
<u>Spanish Reinforcement 3</u> <i>Spanish writing and reading comprehension group class.</i>											X	X
<u>Midday English Reinforcement</u> <i>English reinforcement classes for small groups.</i>					X	X	X	X	X	X		

ACTIVITY		P3	P4	P5	1 ^{EP}	2 ^{EP}	3 ^{EP}	4 ^{EP}	5 ^{EP}	6 ^{EP}	ESO	Bacc
<u>Introduction to English</u> <i>Introduction to English through leisure activities.</i>		X	X	X								
<u>English</u> <i>Group English classes according to level.</i>	1				X	X	X					
	2							X	X	X		
	3										X	
<u>Introduction to French</u> <i>Introduction to French through leisure activities.</i>			X	X								
<u>French</u> <i>French classes for students from primary to baccalaureate.</i>	1				X	X	X					
	2							X	X	X		
	3										X	X
<u>Introduction to German</u> <i>Introduction to German through leisure activities.</i>			X	X								
<u>German</u> <i>German classes for students from primary to baccalaureate.</i>	1				X	X	X					
	2							X	X	X		
	3										X	X

L	ACTIVITY	P3	P4	P5	1 ^{EP}	2 ^{EP}	3 ^{EP}	4 ^{EP}	5 ^{EP}	6 ^{EP}	ESO	Bacc
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<u>Introduction to Chinese</u> <i>Introduction to Chinese through leisure activities.</i>			X	X									
<u>Chinese</u> <i>Group Chinese classes according to level</i>	1				X	X	X						
	2							X	X	X			
	3										X	X	
<u>Chinese for native speakers</u> <i>Strengthen students' oral and written fluency.</i>					X	X	X	X	X	X	X		
<u>Introduction to Italian</u> <i>Introduction to Italian through leisure activities.</i>			X	X									
<u>Italian</u> <i>Italian lessons for primary and secondary students.</i>	1				X	X	X						
	2							X	X	X			
	3										X	X	
<u>Russian for Native Speakers</u> <i>Classes for native speakers to strengthen oral and written fluency.</i>					X	X	X	X	X	X	X		
<u>Cambridge Exam Preparation</u> <i>English classes in preparation for the official English exams.</i>	First										X		
	Advanced										X	X	
	Proficiency										X	X	

Private lessons available for all languages and levels. Schedule to be arranged. Consult prices.

ACTIVITY

Pilates

A historical discipline that combines exercise to work on balance and resistance, improving both mind and body.

Classical Dance

These classes are appropriate for beginners and those with dance experience and dance enthusiasts.

Yoga

Regular yoga practice is an excellent way to combat built-up stress and tension that take a toll on our physical and mental wellbeing.

Bachata

Have a great time dancing bachata, a combination of merengue, son, bolero. In these classes we will work on rhythm and body coordination, muscle development and agility.


Languages

*General courses of different levels and official exam preparation.
Languages: Catalan, Spanish, English, German, French, Chinese and Italian.
Private lessons are available in all languages and for all levels.*

MUSIC SCHOOL



Music school

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>Instruments</i> Drums, percussion, bass, piano, guitar, ukulele, violin, cello, trumpet, trombone, saxophone and clarinet.		€180	½ hour a week
	<i>P3 to Bacca-laureate</i>	€270	45 minutes a week
	<i>Private lessons</i>	€360	1 hour a week
<i>Group Guitar</i>	<i>1st grade to Bacca-laureate</i> (from 2 to 4 students)	€150	1 hour a week
<i>Combo</i> (musical ensemble)	<i>1st grade to 4ºESO</i> (from 4 to 6 students)	€90	1 hour a week
 <i>Woodwind and Brass</i> (trombone, trumpet or sax)	<i>3rd grade to 6th grade</i> (from 3 to 5 students)	€90	<i>From 14 to 14:45</i> <i>Tuesdays - 3rd & 4th grade</i> <i>Wednesdays - 5th & 6th grade</i>

SPORTS




Sports school

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>Futsal Football Mini</i>	<i>P3 to P5</i>	<i>€105 - 2 days €78 - 1 day</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Pre-Benjamin Football 1* (School League)</i>	<i>1st grade</i>	<i>€123 - 2 days €87 - 1 day</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Pre-Benjamin Football 2* (School League)</i>	<i>2nd grade</i>	<i>€123 - 2 days €87 - 1 day</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>Benjamin Football 1* (School League)</i>	<i>3rd grade</i>	<i>€123 - 2 days €87 - 1 day</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Benjamin Football 2* (School League)</i>	<i>4th grade</i>	<i>€123 - 2 days €87 - 1 day</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>Alevin Football 1* (School League)</i>	<i>5th grade</i>	<i>€183 - 2 days €117 - 1 day</i>	<i>Mondays & Wednesdays from 17:15 to 18:45</i>
<i>Alevin Football 2* (School League)</i>	<i>6th grade</i>	<i>€183 - 2 days €117 - 1 day</i>	<i>Tuesdays & Thursdays from 17:15 to 18:45</i>
<i>Alevin Football (FCF League)</i>	<i>6th grade</i>	<i>€183 - 2 days €117 - 1 day</i>	<i>Tuesdays & Thursdays from 18:15 to 19:45</i>
<i>Infantil Football (FCF League)</i>	<i>1st & 2nd of ESO</i>	<i>€183 - 2 days €117 - 1 day</i>	<i>Mondays & Wednesdays from 18:15 to 19:45</i>



**An extra competition fee of €40/year for students playing on Fridays and Saturdays. Includes registration, medical insurance and referees.*

Basketball *	1 st to 6 th grade (Groups according to age)	€123 - 2 days €87 - 1 day	Tuesdays & Thursdays from 17:15 to 18:15
Multi-sport	P3 to 1 st grade	€141 - 2 days €93 - 1 day	Mondays & Wednesdays from 17:15 to 18:15
Pre-Benjamin Volleyball and Benjamin Volleyball *	1 st & 2 nd grade 3 rd & 4 th grade	€123 - 2 days €87 - 1 day	Mondays & Wednesdays from 17:15 to 18:15
Alevin and Infantil Volleyball *	5 th & 6 th grade ESO (Groups according to age)	€123 - 2 days €87 - 1 day	Tuesdays & Thursdays from 17:15 to 18:15

*An extra competition fee of €40/year for students playing on Fridays and Saturdays. Includes registration, medical insurance and referees.

Activity	Grade	Quarterly fee	Timetable
Taekwondo 1	P4 & P5	€165	Tuesdays & Thursdays from 17:15 to 18:15
Taekwondo 2	1 st to 3 rd grade	€165	Tuesdays & Thursdays from 17:15 to 18:15
Taekwondo 3	3 rd to 6 th grade According to experience	€165	Tuesdays & Thursdays from 17:15 to 18:15
 Taekwondo 4	5 th to 4 th ESO (high level)	€165	Tuesdays & Thursdays from 18:15 to 19:15

<i>Beginners Capoeira</i>	<i>P4 & P5</i>	<i>€165</i>	<i>Tuesdays & Thursdays from 13 to 14</i>
<i>Capoeira</i>	<i>Primary</i>	<i>€165</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Aerobic Gymnastics</i>	<i>5th grade to 4th ESO</i>	<i>€165</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Rhythmic Gymnastics Midday</i>	<i>P4 & P5</i>	<i>€165</i>	<i>Tuesdays & Thursdays from 13:15 to 14:15</i>
<i>Rhythmic Gymnastics 1</i>	<i>P4 & P5</i>	<i>€165</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>Rhythmic Gymnastics 2</i>	<i>1st to 4th grade</i>	<i>€165</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>Roller Skating 1</i>	<i>Beginner level skating (P5 onwards)</i>	<i>€165</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Roller Skating 2</i>	<i>Intermediate level skating</i>	<i>€165</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Roller Skating 3</i>	<i>Intermediate/advanced level skating</i>	<i>€165</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>Skating Competition</i>	<i>Students from skating 3</i>	<i>€140 Includes the competition registration fee</i>	<i>Mondays & Wednesdays from 18:15 to 19</i>

	<i>Skateboarding</i>	<i>Primary</i>	<i>€105</i>	<i>Friday from 17:15 to 18:15</i>
	<i>Flag Football (American Football)</i>	<i>1st to 6th grade (Groups according to age)</i>	<i>€156</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
	<i>Flag Football (American Football)</i>	<i>From ESO to Baccalaureate (Groups according to age)</i>	<i>€156</i>	<i>Tuesdays & Thursdays from 18:15 to 19:30</i>
	<i>Paddle Tennis</i>	<i>Primary</i>	<i>€156</i>	<i>From 14 to 15 Mondays - 1st & 2nd grade Tuesdays - 3rd & 4th grade Wednesdays - 5th & 6th grade</i>
	<i>Swimming</i>	<i>Maternal 2 to 6th grade</i>	<i>€156</i>	<i>From Maternal 2 to 5 From 10 to 10.45 or from 10.45 to 11.30 Groups according to inscriptions</i>
				<i>Primary From 14 to 15 Mondays - 1st & 2nd grade Tuesdays - 3rd & 4th grade Wednesdays - 5th & 6th grade</i>

DANCE SCHOOL



Dance school

	<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>Ballet</i>	<i>Beginners 1*</i>	<i>P3</i>	<i>€165</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
	<i>Beginners 2 Midday*</i>	<i>P4</i>	<i>€165</i>	<i>Mondays & Wednesdays from 13:15 to 14:15</i>
	<i>Beginners 2 Afternoon*</i>	<i>P4</i>	<i>€165</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
	<i>Beginners 3 Midday*</i>	<i>P5</i>	<i>€165</i>	<i>Mondays & Wednesdays from 13:15 to 14:15</i>
	<i>Beginners 3 Afternoon*</i>	<i>P5</i>	<i>€165</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
	<i>Beginners 4*</i>	<i>1st to 2nd grade</i>	<i>€165</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>

**The group formation by age is a reference and there may be changes according to the level and capabilities of the student.*

	<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>Ballet</i>	<i>Consolidation of Technique 1*</i>	<i>3rd & 4th grade</i>	<i>€165</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
	<i>Consolidation of Technique 2*</i>	<i>5th & 6th grade</i>	<i>€165</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
	<i>Pointes</i>	<i>For Consolidation of Technique 2 students</i>	<i>€81</i>	<i>Tuesdays & Thursdays from 18:15 to 18:45</i>
<i>Modern</i>	<i>Contemporary</i>	<i>3rd grade onward</i>	<i>€252</i>	<i>Tuesdays & Thursdays from 17:15 to 18:45</i>
	<i>Hip-hop Beginners</i>	<i>P4 & P5</i>	<i>€165</i>	<i>Tuesdays & Thursdays de 13.15h a 14.15h</i>
	<i>Hip-hop 1</i>	<i>From 1st to 3rd grade</i>	<i>€165</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
	<i>Hip-hop 2</i>	<i>From 4th grade to 4th ESO</i>	<i>€165</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
	<i>Preparatory</i>	<i>6th grade onward with 3 years of previous experience</i>	<i>€1140</i>	<i>*see attached timetable</i>

***GROUP TIMETABLE: PREPARATORY & INTERMEDIATE**

<i>Timetable</i>	<i>Mondays</i>	<i>Tuesdays</i>	<i>Wednesdays</i>	<i>Thursdays</i>	<i>Fridays</i>
<i>17:15</i>	<i>Hip-hop 2</i>	<i>Contemporary</i>	<i>Hip-hop 2</i>	<i>Contemporary</i>	<i>Choreographic practice**</i>
<i>18:15</i>	<i>Ballet</i>		<i>Ballet</i>		
<i>18:30</i>					
<i>18:45</i>					
<i>19:45</i>					
<i>20:00</i>					
<i>20:15</i>					

Quarterly fee: preparatory

<i>Complete program</i>	<i>Ballet, hip-hop, contemporary & choreographic practice</i>	<i>1140€</i>
	<i>Classical dance (ballet, pointe & repertoire)</i>	<i>627€</i>
<i>Individual classes</i>	<i>Choreographic practice **</i>	<i>126€</i>
	<i>Contemporary</i>	<i>252€</i>
	<i>Hip-hop 2</i>	<i>165€</i>

***Students who, according to their teachers' criteria, have reached the appropriate level can participate.
Choreographies prepared are performed in various competitions and events.*

ARTISTIC ACTIVITIES




Artistic activities

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
★ <i>Emotional Intelligence Stimulation</i>	<i>Primary</i>	<i>€150</i>	<i>From 14 to 15 Mondays - 1st & 2nd grade Tuesdays - 3rd & 4th grade Wednesdays - 5th & 6th grade</i>
★ <i>Game and movement</i>	<i>P3 to P5</i>	<i>€165</i>	<i>Mondays & Wednesdays from 13:15 to 14:15</i>
★ <i>Magic 1</i>	<i>1st to 3rd grade</i>	<i>€135</i>	<i>Mondays from 17:15 to 18:15</i>
★ <i>Magic 2</i>	<i>4th to 6th grade</i>	<i>€135</i>	<i>Wednesdays from 17:15 to 18:15</i>

SCIENCE ACTIVITIES



Science activities

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
Little explorer <i>Robotics and experiments</i>	<i>P4 & P5</i>	<i>€150</i>	<i>Tuesdays</i> <i>from 13:15 to 14:15</i>
Botix 1 <i>Robotics & video games</i>	<i>1st & 2nd grade</i>	<i>€150</i>	<i>Wednesdays</i> <i>from 17:15 to 18:15</i>
Botix 2 <i>Robotics & video games</i>	<i>3rd & 4th grade</i>	<i>€165</i>	<i>Tuesdays</i> <i>from 17:15 to 18:45</i>
Botix 3 <i>Robotics & video games</i>	<i>5th & 6th grade</i>	<i>€165</i>	<i>Mondays</i> <i>from 17:15 to 18:45</i>
 Creation of Videogames	<i>5th grade to ESO</i>	<i>€255</i>	<i>Tuesdays and Thursdays</i> <i>from 17:15 to 18:15</i>

+ €30 annual fee for material

REINFORCEMENT ACTIVITIES



Reinforcement activities

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>Kumon Midday</i>	<i>P3 to P5</i>		<i>Mondays & Wednesdays from 13 to 13:30 or 13:30 to 14</i>
<i>Kumon 1</i>	<i>1st & 2nd grade</i>	<i>€210 + €80 registration fee (15-day trial)</i>	<i>Mondays from 14 to 15 (30min sessions) and Thursdays from 17 to 17:30</i>
<i>Kumon 2</i>	<i>3rd & 4th grade</i>		<i>Tuesdays from 14 to 15 (30min sessions) and Thursdays from 17 to 17:30</i>
<i>Kumon 3</i>	<i>5th & 6th grade</i>		<i>Wednesdays from 14 to 15 (30min sessions) and Thursdays from 17 to 17:30</i>

To register for Kumon, please send an email to:

claudiavilakumon@gmail.com or to mariaalcorizakumon@gmail.com

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>Catalan Reinforcement Class 1</i>	<i>1st to 6th grade</i>		<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Catalan Reinforcement Class 2</i>	<i>ESO</i>	<i>€210</i>	
<i>Catalan Reinforcement Class 3</i>	<i>ESO & Baccaulaureate</i>		<i>Fridays from 16 to 18</i>
<i>Spanish Reinforcement Class 1</i>	<i>1st to 6th grade</i>		<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Spanish Reinforcement Class 2</i>	<i>ESO</i>	<i>€210</i>	
<i>Spanish Reinforcement Class 3</i>	<i>ESO & Baccaulaureate</i>	<i>€210</i>	<i>Fridays from 16 to 18</i>
<i>Midday English reinforcement</i>	<i>1st to 6th grade</i>	<i>€120</i>	<i>from 14 to 15 Mondays - 1st & 2nd grade Tuesdays - 3rd & 4th grade Wednesdays - 5th & 6th grade</i>

LANGUAGE SCHOOL



Idiomas

Language school

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>Midday Beginners English</i>	<i>P4 & P5</i>	<i>€210</i>	<i>Tuesdays & Thursdays from 13:15 to 14:15</i>
<i>Afternoon Beginners English</i>	<i>P3 to P5</i>	<i>€210</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>English Class 1</i>	<i>1st to 3rd grade</i>	<i>€210</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>English Class 2</i>	<i>4th to 6th grade</i>	<i>€210</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>English Class 3</i>	<i>ESO</i>	<i>€210</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>Beginners French</i>	<i>P4 & P5</i>	<i>€210</i>	<i>Tuesdays & Thursdays from 13:15 to 14:15</i>
<i>French 1</i>	<i>1st to 3rd grade</i>	<i>€210</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>French 2</i>	<i>4th to 6th grade</i>	<i>€210</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>French 3</i>	<i>ESO and BACC</i>	<i>€210</i>	<i>Fridays from 16 to 18</i>
<i>Beginners German</i>	<i>P4 & p5</i>	<i>€210</i>	<i>Mondays & Wednesdays from 13:15 to 14:15</i>
<i>German 1</i>	<i>1st to 3rd grade</i>	<i>€210</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>German 2</i>	<i>4th to 6th grade</i>	<i>€210</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>German 3</i>	<i>ESO and BACC</i>	<i>€210</i>	<i>Fridays from 16 to 18</i>
<i>Beginners Chinese</i>	<i>P4 & P5</i>	<i>€210</i>	<i>Mondays & Wednesdays from 13:15 to 14:15</i>
<i>Chinese 1</i>	<i>1st to 3rd grade</i>	<i>€210</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>Chinese 2</i>	<i>4th to 6th grade</i>	<i>€210</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>Chinese 3</i>	<i>ESO and BACC</i>	<i>€210</i>	<i>Fridays from 16 to 18</i>
<i>Chinese for Native Speakers</i>	<i>Primary and ESO</i>	<i>€210</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>Beginners Italian</i>	<i>P4 & P5</i>	<i>€210</i>	<i>Mondays & Wednesdays from 13:15 to 14:15</i>
<i>Italian 1</i>	<i>1st to 3rd grade</i>	<i>€210</i>	<i>Mondays & Wednesdays from 17:15 to 18:15</i>
<i>Italian 2</i>	<i>4th to 6th grade</i>	<i>€210</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>Italian 3</i>	<i>ESO and BACC</i>	<i>€210</i>	<i>Fridays from 16 to 18</i>
<i>Russian for native speakers</i>	<i>Primary & ESO</i>	<i>€210</i>	<i>Tuesdays & Thursdays from 17:15 to 18:15</i>
<i>English - Cambridge Exam First</i>	<i>ESO</i>	<i>€210 (2 hours a week) €270 (3 hours a week)</i>	<i>Mondays & Wednesdays from 18:15 to 19:15 or Fridays from 17 to 20</i>

<i>Activity</i>	<i>Grade</i>	<i>Quarterly fee</i>	<i>Timetable</i>
<i>English - Cambridge Exam Advanced</i>	<i>ESO and BACC</i>	<i>€210 (2 hours a week) €270 (3 hours a week)</i>	<i>Tuesdays & Thursdays from 18:15 to 19:15 or Fridays from 17 to 20</i>
<i>English - Cambridge Exam Proficiency</i>	<i>ESO and BACC</i>	<i>€210 (2 hours a week) €270 (3 hours a week)</i>	<i>Mondays & Wednesdays from 18:15 to 19:15 or Fridays from 17 to 20</i>

Private classes for all levels and languages.

Convenient times. Prices on request.

ENROLLMENT:

- *Former language school students: free*
- *New students: €55 per year.*
- *20% discount on enrolment for parents of students in the school and Montgat residents.*

ACTIVITIES FOR ADULTS



	<i>Activity</i>	<i>Quarterly fee</i>	<i>Timetable</i>
★	<i>Pilates</i>	€180	<i>Tuesdays & Thursdays from 16 to 17</i>
	<i>Ballet</i>	€270 (3h a week) €180 (2h a week)	<i>Mondays, Wednesdays & Fridays de 16 to 17</i>
★	<i>Yoga</i>	€180	<i>Tuesdays & Thursdays from 9 to 10</i>
★	<i>Bachata</i>	€180	<i>Fridays from 17:15 to 18:15</i>
			2hours a week
	<i>Languages:</i>	€225	<i>Mondays & Wednesdays (Options)</i>
	<i>Catalan, Spanish, English,</i>		<i>from 9 to 10 / 16 to 17 / 19 to 20</i>
	<i>German, French,</i>		<i>Tuesdays & Thursdays</i>
	<i>Chinese and Italian.</i>		<i>from 9 to 10 / 16 to 17 / 19 to 20</i>
			3hours a week
		€285	<i>Fridays from 17 to 20</i>
			<i>or Saturdays from 9 to 12</i>

Private classes for all levels and languages. Convenient times. Prices on request.

ENROLLMENT:

- Former language school students: free
- New students: €55 per year
- 20% discount on enrolment for parents of HL students and Montgat residents.

GUIDELINES AND EQUIPMENT



Guidelines

1. *Start date: the activities start on 1st October 2020.*
2. *All the extracurricular activities will follow the school calendar (there will not be any activities on holidays, Christmas or Easter).*
3. *All the activities will still take place during Ski week, cultural trips and overnight school outings.*
4. *Payment for extracurricular activities is made quarterly (November, February and May). Once the term has begun, the fee will not be refunded if your child withdraws. For language activities, the payment will be monthly.*
Payment for swimming activities will be made in October, January and April.
5. *If a student enrolls in the middle of the month, the entire month will be charged.*
6. *Students are entitled to a one-day trial of the activity.*
7. *In the event of an absence or withdraw, a written notification must be made to reception or to the corresponding coordinator.*
8. *Students must bring the appropriate equipment for the activity; otherwise, they will not be able to carry out the activity. Please consult the section Equipment.*

9. On rainy days, outdoor activities will be relocated to covered areas.
10. Music classes will only be made up if the teacher is absent.
11. During Christmas music auditions and the last week of school, all the activities will be suspended.
12. Students who register for dance, rhythmic gymnastics or roller skating will take part in the end of the year festival. Attendance is compulsory at dress rehearsal and participation will incur a costume fee, otherwise they will not be able to be in the festival.

COVID-19 GUIDELINES:

- If due to Covid-19 and force majeure or by law the classes have to be suspended, the total amount of the classes not given will be refunded.
- In all the activities, the school's hygiene and safety protocol will be applied.

Registration for extracurricular activities implies acceptance of these guidelines.

Equipment

Activities that require special mandatory equipment or specific material are:

- Football: football kit (of your favorite team) or comfortable clothes. Multi-studs football boots or football boots.
- Football competition: school uniform kit.
- Basketball: normal sports equipment.
- Multi-sports: comfortable clothes to do sport in.
- Volleyball: normal sports equipment.
- Volleyball competition: school uniform kit
- Taekwondo: Dobok (white kimono)
- Roller skating: quad skates (4 wheels), helmet, elbow & knee pads, wrist guards & comfortable clothes.
- Football Flag: normal sports equipment.
- Capoeira: comfortable clothes and socks.
- Skateboarding: a skateboard, helmet, elbow & knees pads, wrist guards and comfortable clothes.
- Rhythmic gymnastics: uniform maillot (sold in our school shop), pointe shoes and hair tie.
- Aerobic gymnastics: comfortable clothes and socks.
- Classical dance: uniform maillot, half-point shoes (sold in our school store) and hair tie. Students from 1st grade onward must bring salmon-colored tights and hair material (hair tie, bun net, hair pins and hair brush).
- Contemporary dance: maillot, leggings & hair tie.
- Hip-hop: comfortable clothes & hair tie.



Extracurricular Coordinator
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